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# Medicobotanical Studies in Relation to Veterinary Medicine in Ekiti State, Nigeria: (1) Checklist of Botanicals used for the Treatment of Poultry Diseases

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#### **ABSTRACT**

A semi-structured questionnaire matrix and direct field observation were used to identify botanicals used for veterinary health care in the rural areas of Ekiti State, Nigeria. A total of 38 plants belonging to 27 families were valued for the treatments of poultry pests and diseases in the study area and the parts mostly utilized were the leaves. Features that enhanced the continuous utilization of these botanical species were identified and strategies that could further enhance their sustainability were also proposed.

### INTRODUCTION

Ekiti State  $(7^025' - 8^020', 5^000' - 6^000')$  is located in the southwestern part of Nigeria. The state has a contiguous land mass of about 7000 sq. kilometers and over 75% of the 1.6million inhabitants of this area are farmers, most of whom are situated in rural areas (Kayode 1999). There are two climatic seasons, a dry season, which lasts from November to February and a rainy season, which lasts from March to October with an annual rainfall of about 1150mm (Kayode and Faluyi 1994).

In Nigeria, ethnoveterinary practices still play important roles in many rural areas (Kudi and Myint 1999). Veterinary treatment by conventional means has continued to be out of reach for ordinary farmers due to cost and quite often the non-availability of drugs (Chiezey *et al.* 2000). Unfortunately a gross dearth of documentations on ethnoveterinary botanicals still abounds in Ekiti State where the current rate of deforestation is unprecedented (Kayode 2004). In fact, previous assertion by Keengwe and Benalo (1996) had revealed that in Nigeria, ethnobotanical knowledge and methods have not been fully documented, studied and popularized for use together with modern veterinary medicine as has been done in Kenya, another African country.

The study being here reported is a part of on-going studies on the medicobotanicals used in veterinary medicine being conducted at the Department of Plant Science, University of Ado-Ekiti, Ado-Ekiti, Nigeria. It is expected that the study will document the plant based animal care practices used by the rural communities of Ekiti State, Nigeria.

### MATERIALS AND METHODS

Ekiti state was divided into three zones, Ekiti North, Ekiti Central and Ekiti South, based on the existing political delineation. In each zone, ten communities that were still relatively far from urban influence were chosen. In each of these communities, ten respondents who had maintained domicile for a period of not less than 20 years were chosen and interviewed with the aid of semi-structured questionnaire matrix (after Kayode 2002, 2005, Kayode and Omotoyinbo 2008). The interviews were conducted with a fairly open framework that allowed for focused, conversational, two-way communication.

Botanical species used for veterinary treatments, in each community, were identified and documented. Information on the part(s) of such plant used was documented. Voucher specimens of the species were collected and later scientifically identified at the herbarium of the Department of Plant Science, University of Ado-Ekiti, Ado-Ekiti, Nigeria. The specimens were later kept in the herbarium.

Secondary information was obtained from records at the State Veterinary Hospital located in Ado-Ekiti, the Ekiti State capital, and key informants consisting of officials of the State Ministries of Agriculture, Environment and Health as well as Veterinary Doctors were also interviewed. The services of the veterinary doctors were utilized in the diagnosis of the livestock diseases.

#### RESULTS AND DISCUSSION

Field observation revealed that poultry constituted the bulk of livestock kept in the study area where livestock was recognized as occupying a prominent place in the rural economy. The birds were mostly managed using the free range system. There were no traditional veterinary healers in any of the communities sampled in this study. Elsewhere in Nigeria, Nwude (1997) had asserted that traditional medicinal healers were only available for the treatments of human diseases in the study area. Sanyasi-Rao *et al.* (2008) made similar observation in the Chittor and Ananthapur districts of India. In Ekiti State Nigeria, the treatments of poultry diseases in the rural area were skewed to the use of botanicals which were perceived as cheap, usually at low cost, locally and easily available and do not have side effects on their livestock. This observation confirms the previous assertion of Sarr and Abdu (1999) that dependency on the maintenance of livestock health in Nigeria is based on traditional remedies.

Most of the residents in the study area were quite familiar with the appearance of some symptoms which they used in recognizing the various diseases affecting their poultry livestock (Table 1) and many considered pests as being an integral part of the diseases that hindered poultry productivity in the study area. Some of the poultry diseases were known to be caused by nutritional deficiencies while some were recognized as being caused by microorganisms. A total of 38 plants belonging to 27 families (Table 2) were valued for the treatments of poultry pests and diseases (Tables 1 and 3), the part mostly utilized was the leaves (Table 2). Elsewhere in India, the leaves also formed the bulk of the parts of ethnobotanical used (Ramana 2008).

The indigenous knowledge on the efficacies of these botanical species is passed from one generation to another. Respondents were of the opinion that the various governments in the country had demonstrated inadequate concerns for livestock health thus confirming the assertion of Sarr and Abdul (1999) that apart from the successful control of rinderpest, little or no efforts had been demonstrated by the government on the control of veterinary diseases. Field observation also revealed that respondents were aware of the successful control of bird flu that was also carried out by the Federal Government of Nigeria in the year 2004-2006. However, the financial commitments by governments, as previously observed by Abdu *et al.* (2000) were poor when compared to the number and diverse breeds and species of livestock in the country. This has further fueled the dependence of the rural and the urban resource-poor farmers on the use of botanicals for the livestock.

In conclusion, residents in the rural areas were confronted with multiple problems that hindered poultry productivity. These include the lack of functional veterinary hospital, inadequate financial resources, non-availability of modern veterinary drugs, even when diverse sources were utilized to source for fund to purchase them, poor extension services and increased environmental degradation that has deleterious effects on the health of the livestock. With the increasing rates at which indigenous knowledge are being lost, the documentation of the ehtnobotanicals cannot be over-emphasized. According to Raul *et al.* (1990), considerable wealth of knowledge is inherent in most cultures of the world. Thus the use of etnoverterinary medicine is widely considered as sustainable (Gueye 1995) as it is perceived as economical, culturally acceptable and economically sound. Consequent on the above, the previous suggestion of Chiezey *et al.* (2000) that empirical trials must be carried out to ascertain their efficacies, safety and relative health and economic risks before they are widely promoted, is still relevant. The abundance of the botanicals, in the study area, must be determined with the aim of establishing sustainable strategies that would conserve the rare species among them. Standard dosages must be established for the species as this might be necessary in integrating the botanicals with modern orthodox veterinary medicine.

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 Table 1. Respondents' indigenous technical knowledge on poultry pests and diseases.

Indigenous Technical Knowledge		
Pests/ Diseases	English/Scientific Name	Vernacular name
(a) Pests	<u> </u>	
(a) I ests		
1.		
- Small insects that are transmitted by body contact, whose		
life-cycle is completed in relative short time,		
<ul><li>Cause restlessness,</li><li>Often results in sores on the birds that may serve as entry</li></ul>		
points for microbes,		
- May also transfer diseases from one bird to another	Lice	Y000
2.	2.00	1000
- Worms present in the stool		
- Lack of appetite		
- General weakness	Worms/Helminthes	Aran
(b) Nutritional Diseases		
1		
Weak and staggering		
- Inability to walk properly		
- Partial paralysis	Rickets / Osteomalacia	Aro / Roparose
2.		The / Repurese
- Weakness of the body		
- Pale look Gbigbe		
- Inadequate blood	Anaemia	Gbigbe
(c) Microbial Diseases		
1		
1 Paralysis of bird(s),		
- Loss of birds weight		
- Difficulties in the breathing of bird(s)	Fowl plague / Newcastle	
- Depressions of the bird(s)	disease	
2.		
- Excessive diarrhea		
- Persistence stooling	Coccidiosis	
3.		
- Swellings, filled watering substances, on the surface of the	Four pov	
comb, wattles, beak and eyes 4.	Fowl pox	
- Discharge of watery substance from the nose of the bird(s)		
- Swollen of bird(s) face		
- Sneezing and coughing	Respiratory disease	

Table 2. List of identified botanicals used for the treatment of poultry diseases in Ekiti State, Nigeria.

S/N Botanical Species	Family	Vernacular Name	Part(s) Used
1		<u></u>	
1. Acacia arabica	Mimosaceae	Ewon egun	Leaves
2. Adansonia digitata	Bombacaeae	Ose	Leaves, fruits
3. Aframomum melagueta	Zingiberaceae	Atare	Fruits, Seeds
4. Allium cepa	Alliaceae	Alubosa	Leaves, bulbs
5. Allium sativum	Alliaceae	Alubosa-Elewe	Leaves, bulbs
6. Amarantus spinosus	Amaranthaceae	Tete-Elegun	Leaves, Seeds
7. Azadirachta indica	Meliaceae	Dongoyaro	Leaves, Fruits
8. Boerhavia diffusa	Nyctaginaceae	Etipe-elila	Leaves
9. Bridelia ferruginea	Euphorbiacea	Irae	Leaves, Stem bark
10. Capsicum frutescens	Solanaceae	Ata wewe	Fruits
11. Carica papaya	Caricaceae	Ibepe	Leaves, Seeds
12. Chromoleana odorata	Asteraceae	Akintola	Leaves
13. Cissampelos owariensis	Menispermaceae	Jokojee	Leaves
14. Citrus aurantifolia	Rutaceae	Osan wewe	Leaves, Fruits juice
15. Datura stramonium	Solanaceae	Adodo-mode	Leaves
16. Elaeis guineensis	Arecaceae	Ope	Leaves, Fruits
17. Ficus exasperate	Moraceae	Eepinpin	Leaves, Latex
18. Jatropha gossypifolia	Euphorbiaceae	Lapalapa	Leaves, Latex
19. Lagenaria siceraria	Cucurbitaceae	Igba	Leaves
20. Lantana camera	Verbenaceae	Ewon adele	Leaves
21. Momordica charantia	Cucurbitaceae	Ejinrin	Leaves
22. Musa paradisiaca	Musaceae	Ogede agbagba	Leaves, Stem
23. Nicotiana tobacum	Solanaceae	Taba	Leaves
24. Ocimum bascilicum	Lamiaceae	Efirin wewe	Leaves
25. Parkia biglobosa	Mimosaceae	Iru (igba)	Leaves, Stem bark, seeds
26. Pergularia daemia	Asclepiadaceae	Atufa	Leaves
27. Perquetina nigrescens	Asclepiadaceae	Ogbo	Leaves
28. Saccharum officinarum	Poaceae	Ireke	Leaves, Stem extract
29. Senna alata	Caesalpiniaceae	Asunrin oyinbo	Leaves
30. Senna occidentalis	Caesalpiniaceae	Papala-omode	Leaves
31. Solanum americanum	Solanaceae	Odu	Leaves, Fruits
32. Talinium trangulare	Portulaceae	Gbure	Leaves
33. Tephrosia vogelii	Papilionaceae	Orobeja	Leaves
34. Terminalia schimperiana	Combretaceae	Idi	Leaves
35. Vernonia amygdalina	Asteraceae	Ewuro	Leaves
36. Vitex doniana	Verbenaceae	Orir	Leaves
37. Vitellaria paradoxa	Sapotaceae	Emi	Leaves
38. Zea mays	Poaceae	Agbado	Seeds

**Table 3.** Folk medicinal value of the identified botanical species used for the treatment of poultry diseases in Ekiti State, Nigeria.

C/M Potenical Cassias	Folk modicinal value		
S/N Botanical Species	Folk medicinal value		
1. Acacia arabica	Healing of wound and cure of fowl pox		
2. Adansonia digitata	Healing of wound, cure of fowl pox, and diarrhea		
3. Aframomum melagueta	Cure of gastrointestinal diseases		
4. Allium cepa	Curing cold, helminthiasis and respiratory diseases		
5. Allium sativum	Curing cold, helminthiasis and respiratory diseases  Curing cold, helminthiasis, respiratory and gastrointestinal diseases		
6. Amarantus spinosus	Curing pile		
7. Azadirachta indica	Prevention of worm infestation, control of lice		
8. Boerhavia diffusa			
	Cure of worms and gastrointestinal diseases		
9. Bridelia ferruginea	Cure of cold, fever and cough		
10. Capsicum frutescens	Cure of cold and fever		
11. Carica papaya	Control of lice, curing pile and other gastrointestinal disorders		
12. Chromoleana odorata	Curing diarrhea		
13. Cissampelos owariensis	Cure of worm and diarrhea		
14. Citrus aurantifolia	Control of lice and worms, curing of cold, nervous diseases, fowl pox and diarrhea		
15. Datura stramonium	Healing of wounds and cure of fowl pox		
16. Elaeis guineensis	Healing of wound and cure of fowl pox		
17. Ficus exasperate	Cure of diarrhea		
18. Jatropha gossypifolia	Cure of worms and fowl pox		
19. Lagenaria siceraria	Cure of Newcastle disease and coccidiosis		
20. Lantana camera	Healing of wounds and cure of fowl pox		
21. Momordica charantia	Cure for fowl pox, helminthiasis and coccidiosis		
22. Musa paradisiaca	For cure of respiratory diseases		
23. Nicotiana tobacum	Control of lice		
24. Ocimum bascilicum	Cure of diarrhea		
25. Parkia biglobosa	Cure of Newcastle disease		
26. Pergularia daemia	Curing Newcastle diseases		
27. Perquetina nigrescens	For cure of diarrhea, coccidiosis		
28. Saccharum officinarum	Cure of worms		
29. Senna alata	Curing piles, helminthiasis		
30. Senna occidentalis	Helminthiasis		
31. Solanum americanum	Cure for helminthiasis ,coccidiosis and gastrointestinal diseases		
32. Talinium trangulare	Cure of fever		
33. Tephrosia vogelii	Cure of coccidiosis		
34. Terminalia schimperiana	Curing of coccidiosis, Antihelminthic		
35. Vernonia amygdalina	Cure of diarrhea, helminthiasis		
36. Vitex doniana	Cure of coccidiosis		
37. Vitellaria paradoxa	Cure of coccidiosis and fowl pox		
38. Zea mays	Cure of cold and fever		

## Mixing of Table 2. and Table 3

Botanical Species	Vernacular Name	Folk medicinal value	Part(s) Used
Acacia arabica	Ewon egun	Healing of wound and cure of fowl pox	Leaves
Adansonia digitata	Ose	Healing of wound, cure of fowl pox, and diarrhea	Leaves, fruits
Aframomum melagueta	Atare	Cure of gastrointestinal diseases	Fruits, Seeds
Allium cepa	Alubosa	Curing cold, helminthiasis and respiratory diseases	Leaves, bulbs
Allium sativum	Alubosa-Elewe	Curing cold, helminthiasis, respiratory and gastrointestinal diseases	Leaves, bulbs
Amarantus spinosus	Tete-Elegun	Curing pile	Leaves, Seeds
Azadirachta indica	Dongoyaro	Prevention of worm infestation, control of lice	Leaves, Fruits
Boerhavia diffusa	Etipe-elila	Cure of worms and gastrointestinal diseases	Leaves
Bridelia ferruginea	Irae	Cure of cold, fever and cough	Leaves, Stem bark
Capsicum frutescens	Ata wewe	Cure of cold and fever	Fruits
Carica papaya	Ibepe	Control of lice, curing pile and other gastrointestinal disorders	Leaves, Seeds
Chromoleana odorata	Akintola	Curing diarrhea	Leaves
Cissampelos owariensis	Jokojee	Cure of worm and diarrhea	Leaves
Citrus aurantifolia	Osan wewe	Control of lice and worms, curing of cold, nervous diseases, fowl pox and diarrhea	Leaves, Fruits juice
Datura stramonium	Adodo-mode	Healing of wounds and cure of fowl pox	Leaves
Elaeis guineensis	Ope	Healing of wound and cure of fowl pox	Leaves, Fruits
Ficus exasperate	Eepinpin	Cure of diarrhea	Leaves, Latex
Jatropha gossypifolia	Lapalapa	Cure of worms and fowl pox	Leaves, Latex
Lagenaria siceraria	Igba	Cure of Newcastle disease and coccidiosis	Leaves
Lantana camera	Ewon adele	Healing of wounds and cure of fowl pox	Leaves
Momordica charantia	Ejinrin	Cure for fowl pox, helminthiasis and coccidiosis	Leaves
Musa paradisiaca	Ogede agbagba	For cure of respiratory diseases	Leaves, Stem
Nicotiana tobacum	Taba	Control of lice	Leaves
Ocimum bascilicum	Efirin wewe	Cure of diarrhea	Leaves
Parkia biglobosa	Iru (igba)	Cure of Newcastle disease	Leaves, Stem bark, seeds
Pergularia daemia	Atufa	Curing Newcastle diseases	Leaves
Perquetina nigrescens	Ogbo	For cure of diarrhea, coccidiosis	Leaves
Saccharum officinarum	Ireke	Cure of worms	Leaves, Stem extract
Senna alata	Asunrin oyinbo	Curing piles, helminthiasis	Leaves
Senna occidentalis	Papala-omode	Helminthiasis	Leaves
Solanum americanum	Odu	Cure for helminthiasis ,coccidiosis and gastrointestinal diseases	Leaves, Fruits
Talinium trangulare	Gbure	Cure of fever	Leaves
Tephrosia vogelii	Orobeja	Cure of coccidiosis	Leaves
Terminalia schimperiana	Idi	Curing of coccidiosis, Antihelminthic	Leaves
Vernonia amygdalina	Ewuro	Cure of diarrhea, helminthiasis	Leaves
Vitex doniana	Orir	Cure of coccidiosis	Leaves
Vitellaria paradoxa	Emi	Cure of coccidiosis and fowl pox	Leaves
Zea mays	Agbado	Cure of cold and fever	Seeds